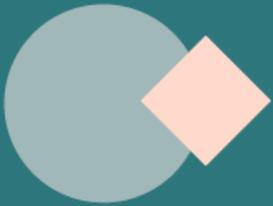


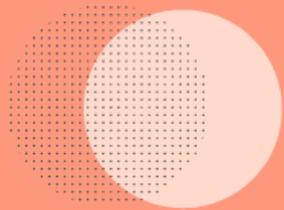
Co-Production Collective Launch

22 October 2020

Virtual Guest Book



Co-producing change **together**



#CoProLive

#CoProLaunch20

Centre for Co-production Launch Event

Hello! The Guest Book is below

- We wrote a quick guide but if you feel stuck or would rather send your comments straight to our team, email us coproduction@ucl.ac.uk !

How to Use this Book

1. Add by scrolling down to Page 2
2. **You can also add a photo** of you or anything related to the event, or even what the weather outside is like for you right now!
3. **The Guest Book saves itself** automatically, so just close the tab when you're done.
4. The page might shut down if more than 100 people are writing at the same time, so please be patient in that case :)
5. **Thank you for joining us!**



Hi I'm Anthony Cummins, Marine Capt and Pirate. Here to offer secrets of the sea for Climate change and MH Issues.

Hi! I'm Donna Thomson from Canada. I co-instruct a Family Engagement in childhood disability research at McMaster University. Here's the website <https://www.canchild.ca/en/research-in-practice/family-engagement-in-research-course>. I also facilitate a course (also at McMaster) called Caregiving Essentials. Right now we are working on a microcredential in infection control protocols for families to be safely at bedside in hospitals and long term care during Covid. Of course this is a collaborative, complex co-production initiative. Email is donna4walls@gmail.com if anyone is interested in these ideas/projects. Donna Thomson

Any Camden, Islington or Kingston people interested in Co-production are invited to join me in The Side by Side Network. You can follow our eclectic mad tweets @byyside, or join the pool of lived expertise at tinyurl.com/joinourside. We send out opportunities and news, and primarily work with Camden and Islington foundation Trust. Here is something we prepared earlier... :0)



Hello! My name is **Scott** and it's a pleasure to see this group launch properly, it's been great to contribute to its progress in the last four months or so :)

Hi my name is Tony from London. I just want to say what an amazing fabulous past few days that this has been. It has really inspired me and rekindled my drive to co-pro everything!
@Tony_SPO_JRF



Hi! Susan Anderson here. I started collaborating through the Co-Production Collaborative (love the new name!!!) when I was studying at UCL. I've moved home to Toronto, Canada, and it's such a bright spot in this strange year to be involved from across the ocean. I'm passionate about:

- all things co-production!
- coping by baking (chocolate chip cookies especially)
- Empowering and collaborating with people with lived experience of all sorts of disabilities
- understanding and addressing the systemic causes of health inequalities

I'd love to keep in touch! Find me at susan.anderson0706@gmail.com or on [Twitter](#) and [LinkedIn](#).

Hi! My name is **Jono Broad**

I joined the event because ... I am interested in Co-Production as a staff member and as a long term patient

So far, the event has been ... great music choice from Cristina, great history of UCL and Co-Production

and what really stood out for me was ... great use of technology to make this an engaging session for all

My CoPro Story is..... I love working in co-production and seeing the improvement we can make for patients and staff when we work together



Hi everyone - I am Mandy Rudczenko - joined this organisation 2 and half years ago - love the genuine coproduction.



Hi everyone, I am Ian Fannon, Campaigns Director at Claremont, a behaviour change comms agency. We've been doing a lot of work using co-design in last 2-3 years and increasingly passionate about the value it adds. Excited to hear more about the centre and maybe even find ways to collaborate in future! @ianfannon / www.claremontcomms.com / ian.fannon@claremontcomms.com

Hi there, my name is Anna Pitman, a co-founder of Maternity Voices Matter and I very excited to be joining the launch today. I can't wait to hear about all the plans for the future and I am looking forward to sharing our experiences on our pilot "BAME Maternity Voices" which the UCL Centre for Co-production funded in their second round of pilots.



Hi Becky Here. Prof LSBU. Activist in my community. CoPro experience - City Wide in Leeds; teaching within all our programmes (with mandy above!), also run new PGCert Collaborative Communities. I'm a systems person. Also published the Asset Based Health Inquiry <https://beckymalby.wordpress.com/2019/10/09/an-asset-based-approach-to-health-the-3-things-you-should-know-about-social-prescribing/>



Hi, I'm Carol Munt a Patient Partner & Advocate
munt12@aol.com @muntma

I have been involved with the Centre since 2018
I'm an Honorary Lecturer & Doubleday
Affiliate Manchester Medical School, an NHS
Leadership Academy Experience of Care
Partner, NHSE Always Events National Advisory
Group & National Steering Group: Maximising
Leadership Learning

HQIP Service User Network, Q community, and GaGa Radio DJ

I'm passionate about Co-Production, Patient Involvement and Engagement and a confident public speaker. The recording of my talk on Co-Production at the King's Fund now forms part of the curriculum for the Open University Health & Social Care degree course.

I worked with HEE on the e-version of the '*Dementia Handbook for Carers and Care Providers*' having been part of the team behind the original printed version co-produced with carers and clinicians

I have type 1 Narcolepsy as a result of trauma and medication keeps my condition fairly stable

Hi Everyone, I'm Mythili and very excited about being here today! I work with Adult education and co-production is fundamental.

Hello my name is Gill @WhoseShoes.



Love the idea of a guest book but struggling to make my pics smaller ... ☐

I was delighted to be invited by Mandy and Nicc to use our #WhoseShoes approach on Monday to help launch the UCL Coproduction Centre as part of #CoProLive. We have been running a series of virtual 'Learning from COVID' events over the summer to share learning and to bring our approach online.

Here is the link to our report, published yesterday as part of our contribution to #FabChange20. We were working in partnership with fab Anna and Carrie from New Possibilities, who are recording the launch event for you today!

<https://fabnhsstuff.net/fab-stuff/the-whose-shoes-phenomenon-a-catalyst-for-change-in-health-and-social-care>



Hello everyone.

Rebecca Rees here (from UCL Social Research Institute). I'm here to find out how a really rocking co-production unit is getting on and to LEARN, LEARN, LEARN!



Hi everyone, my name is Lindsay Dewa and I'm a Research Fellow at the Institute of Global Health Innovation, Imperial College London. I've worked with young people with experience of mental health difficulties as research partners in our research projects over the last few years. Excited to continue this work and see new learning from others going forward. It's really great to see the new centre finally launched after being involved in one the first pilots! Congratulations!!!! @lindsaydewa l.dewa@imperial.ac.uk

Hi my name is Alvaro Besoain Saldaña

Hello everyone! I'm Alvaro and this is a picture of me joining the Launch from **my room in Santiago, Chile.**

I am a researcher focused in social justice, community-based research and inclusive development strategies and policies in health and education. I am co founder of Núcleo Desarrollo Inclusivo (https://twitter.com/Dinclusivo_uch) and researcher of Department of Physical Therapy of Universidad de Chile.



Our team have developed this book “Salud popular desde la mirada de líderes comunitarios: visiones y experiencias”, a co produced book with social leaders of health and graduate student of health Available in: <https://libros.uchile.cl/1088>

I would like to establish networks for topics related to communitarian health and equity projects from perspectives of users of health services and excluded persons, like people with disabilities, gender diversity, migration, among others.

Happy to hear or share any experiences in co production in health:

Email: abesoain@uchile

Twitter: @abesoains

Hi, my name is Diana Margot Rosenthal, a PhD Candidate and Early Career Researcher from UCL GOS Institute of Child Health and Collaborative Centre for Inclusion Health. My research focuses on the barriers and facilitators to optimal health and health services access for homeless under5s living in temporary or insecure accommodation. I have a public engagement project with UCL Culture and my PhD work. Looking forward to meeting everyone today.



Hi my name is **_Isaac Samuels**

I am... Isaac Samuels from East London - I have 4 dogs, am passionate about the rights for disabled people!

I am passionate about co-production... You may ask why...? I have been someone that has accessed care and support from both health and social care Systems for over 20 year.... Yes I know, that I don't look that old- often people would make very important decisions about my life. This would often happen by people that had never met me and did not have any lived experience chronic pain and Mental Health challenges. Freelance public engagement consultant (specializing in health & maternal health)

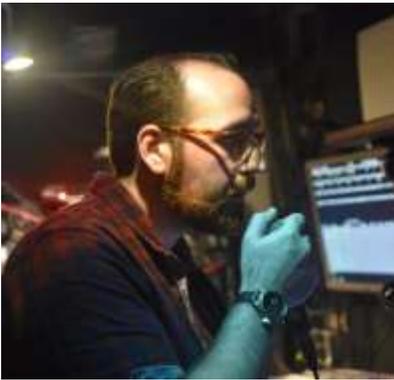
Hi! I'm Penny Fraser from Haringey. Im a #livedexperience #MentalHealth researcher, facilitator and consultant with a special interest in #WomensHealth #Race, #Carers and older people. I enjoy training individuals to have a voice. Very interested in anyone based in Haringey or Haringey borders. Been doing coproduction and collaboration for a few years mostly with #Middlesex University and #BarnetEnfieldandHaringeyTrust. @brownsugar68



Hi! I'm Gareth Davies joining the Launch from my kids playhouse in my garden.



Looking forward to hearing from folk interested in co-production. I am an impact evidence manager at The Open University and researcher on projects such as ARCLIGHT (<http://www.open.ac.uk/blogs/ARCLIGHT/>) tackling community mental health resilience and DETECT (<http://www.open.ac.uk/research/news/new-research-tackle-malaria>) tackling community owned strategies to combat malaria that looks for community owned solutions. Happy to hear from anyone interested in the results of this research. My email is gareth.davies@open.ac.uk



Hi all,
I'm Will, from [Research Publishing Intl](#), a specialist science media outreach provider from near Bristol. We're all about widening participation in, and access to, research of all stripes. In my spare time, I also run science communication events in Bristol. Here's me compering, back when we could meet indoors.

Cheers.



Hi Im Mark Part of the Organising Group and so Happy to be here
Enjoy and be part of something Amazing x

I'm Ngawai. I'm interested in women's health research after participating in a number of studies when I was pregnant. I am a founding member of an East London patient & public involvement advisory group (Katie's Team) and do lots of different things. I am hoping to use more co-production principles in my work and ways of working going forwards. I am also a founding member of Elly Charity. Our purpose is to protect women's health through research, education and applying findings into practice (focusing on low and middle income countries). I've already learned a lot and have applied co-production principles into my work but looking forward to the next stages!



@ngawai_n

<https://www.elly.org.uk>

This is me at the Live Event!



Hi everyone, so happy to be here at this exciting launch - what a fab engaging start and such great energy. I'm here to learn, engage and connect. Have loved being part of previous events and other pieces of work within the last few months. I'm Co-Pro Project Lead on behalf of the Ageing Better Programme a national programme funded by The National Lottery Community Fund and I'm based at South Yorkshire Housing Association who are the lead for the Age Better in Sheffield programme - one of the 14 national partners. My role is to help to pull together the co-production learning from all 14 partners which has taken place over the past 5 years. A phenomenal piece of work :) We will be running webinars and events early 2021 to share this learning (all welcome) and are currently developing a national online toolkit - feel free to email me for more info :)

Vicky

<https://www.agebettersheff.co.uk/> <https://www.syha.co.uk/>

v.odonoghue@syha.co.uk

I'm Andi - I work in public engagement with research delivery. I have been fortunate to be involved in the Co-Production Collective from the beginning as a co-producer. I have learnt through doing and been able to bring new ideas and ways of working from the Collective into my professional life to try and find more co-produced ways we can deliver our work together. I really appreciate the flexibility of the Collective, it allows me to dip in and out and be part of this as and when I can - never feeling excluded or out of the loop when I come back in. Really excited for the future and hope to see this becoming an ever more inclusive space - I really want to see more researchers welcomed into the Community and collaborating alongside everyone else so this works for us all.



Hi, I'm **Rachel Piper** - currently the Youth Engagement Officer at CORC. But in a previous role at Student Minds, I made this [Co-production toolkit](#) for producing mental health strategies with students which may be helpful

Hi everyone. Gary Hickey here. Looking forward to this.

Hi - Captain Cat here - have loved bringing Pirates to UCL Coprolaunch 2020 - Loving the name and branding! If you want to know more about Be More Pirate check out

www.bemorepirate.com

If you want to know more about how pirates today are making an impact then check out this book:

<https://ownit.london/shop/how-to-be-more-pirate/>

Coproduction is about how we live life - its organic, messy, iterative, its about relationships and how I connect with people around me, embrace the uncertainty and throw myself into things with the sole aim of making a difference.

The Golden Age of Piracy - is also for me the Golden Age of Coproduction... ;)



Hi! My name is **Selina Wallis**

and I'm joining the Launch from **New Brighton on the Wirral**

I joined the event because I am the PCIE manager for ARC NWC <https://arc-nwc.nihr.ac.uk/>

Its a new role and coproduction is at the heart of what we do- applied health research with researchers, multiple HIE, members (e.g. CCG, LA, 3rd sector etc.) and public advisers

So far, the event has been **interesting and inspiring**- I like that it's warm and real and about **human connection**

and what really stood out for me was the real stories of coproduction

I would like to know more about how to do coproduction in a big research collaborative-

My CoPro Story is that I started as a lay person with the NCT in maternity services and I'm a doula, a single mum of 2 children, one of which has adhd and asd.

Hi everyone! My name is Maria de los Llanos Martinez. I have been in the dental field for many years and I am really interested in coproduction, research, behaviour change, emergent technologies, and personalised health. Would love to collaborate on projects and possibly run my own too now that I'm studying global public health master at Imperial. My email is :

marymv2@hotmail.com and my LinkedIn is www.linkedin.com/in/maria-de-los-llanos-martinez-434ab87. Get in touch!



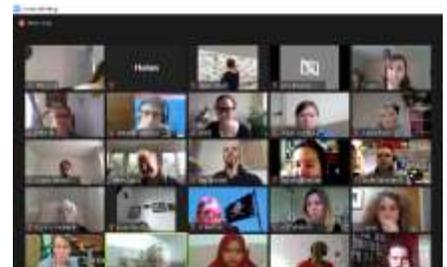
Hello, my name is Louca-Mai (@Dr_Loucamai on Twitter). I'm here today because I'm interested in involving young people in health research and services, including working with Jacq Miller and a group of young people at Moorfields eye hospital in a young people's advisory group using co-production approaches: <https://generationr.org.uk/eye-ypag/>.

I'm also part of the 'Co-production and Involvement in Covid and Beyond' group (#CoProCOVID) and it's been fascinating to explore the challenges and opportunities for co-production coming up at the moment. I'm also really interested in how co-production links to, overlaps with, and can learn from/inform other participative approaches to research such as action research, user-led research etc. Also how co-production in research can inform/be informed by coproduction in service delivery - we found loads of great examples by young people in [this book](#). So lots of ideas and lots to learn - so excited to be taking part today.

Hiya I'm so late so sorry busy – I'm Naomi Davies, working at Nesta, in a Mutual aid group in Greater Manchester, been inside health and care work for 200 years. Have seen myself as part of coproduction community for many years. I am a facilitator, programme manager and proud pirate. I think my (and others) lived experience brings me more insight than any of my qualifications or even job experiences and I'm endlessly curious about people. I have worked a lot with Cat Duncan Rees which means I'm part of an incredible crew but also have some wonderful networks. Please do connect @NaomiWorldz I also lately fell in love with octopi and I think they have so much to teach us!



Hello! Helen Craig here - I don't have a photo of me joining but here's a screengrab! I learnt about co production through watching the amazing work of Nicc, Lizzie, Rory and others - I'm lucky enough to work in the same office, back when we had offices! Love the new name and the launch!





Hi I am Carol Rivas @wirebird50 on Twitter. I have been doing co-pro since the mid-2000s and it has been an interesting journey seeing how it has been taken up more and more and in diverse ways - sometimes badly but I think the CoPro Collective is spot on in name and action, lots of great work already and looking forward to much more. Several people here I have worked with on co-pro already in various ways or have been trying to work with because they are good.... and here I am ! Am fortunate to be based at UCL and put the CoPro team in my grant applications (fingers crossed) because of their great work.

Hi! It's Anne Laybourne (she/her) here, friend of what is now known as the Coproduction Collective. Nicc et al have helped me so much as a researcher and in my new career - where I help UCL master's students collaborate with voluntary sector organisations for the student's dissertation research. This is co-production as far as I am concerned! My personal motivation is sharing our UCL privilege with our local communities. Making room at the research development table! Thank you so much CoProCo for your generosity and always sharing and for setting the bar for me at CRIS. Looking forward to working closely with you. Love the name, love the launch, love your work! Anne xx

Hi I'm Alex Albert (she/her) - i don't have a photo/screengrab but have been really loving the launch event today. Thanks to all involved for the inspiring projects, insights and connections. I'm a citizen science research fellow in the Extreme Citizen Science (ExCiteS) research group at UCL. I'm working on a huge project across Bradford and Tower Hamlets called ActEarly <https://actearly.org.uk> as part of the co-production and citizen science theme. Really looking forward to connecting with the newly branded Coproduction Collective so will definitely be in touch. Twitter: @bun81

Hi my name is Katherine. I'm a service user. What an amazing event. It was great to rub shoulders with so many like minded people. Good luck to the Coproduction Collective

Hi all! Aless (she/her), a medical student from King's College London, and with the very privileged position of Student Union VP Education (Health subjects) this year. Looking @ CoPro both in my medical interest and my work with students this year. Also glad to hear the team are connected to the MH Sciences PhD as I'm incredibly excited by that opportunity! Below is a picture of me at our uni Welcome Fair last year :)

My Twitter is @aless3g (although I also have a work one @kclsu_vpeh)



Hi! My name is **Nick (From the Academy of Medical Sciences)** and this is a picture of me



joining the Launch from **my daughter's bedroom (by day my office since my partner won the battle for the dining table!)**

I joined the event because I wanted to hear the CoPro stories. So far, the event has been full of inspiration. What really stood out for me was Scott's call to just get started on CoPro projects and not get bogged down with defining what it is and what it isn't – I'm all for getting stuck in and fitting the rest around it.

My CoPro Story is this one from our project looking at Winter Covid scenarios. You can read the people's perspective here <https://acmedsci.ac.uk/file-download/39133546>

Hello, I'm Hannah Stockwell from Mapping for Change, We are a social enterprise part-owned by UCL. We work to empower communities to make positive change, using co-design and co-creation. We use participatory mapping (online and offline) and other accessible tools to engage stakeholders. I joined the event today (and I'm glad I did) to find out more about how co-production was being applied to the health sector. It was really inspirational and such a refreshing change to agree with what everyone understood co-production to be, instead of a tickbox attitude! Thank you! h.stockwell@mappingforchange.org.uk

Hi, I'm Ben from Bolton University and the Open University. I'm lecturing in Nursing and Health and Social Care and also have an interest in social justice and inclusion and would like to get involved in co-production research in these areas as well as criminology. My Twitter handle is @benbo2013. I have some previous experience of co-production and think it's really important to engage and involve everyone from the beginning of the research process. Today has been really inspiring to see what co-production is already taking place and what opportunities there are to take it further.

Hi I'm Laura and this was really inspirational x thank you x

Hello, I'm Helen. It's always a joy to be part of the Centre's activities and the new name sums it up perfectly. So exciting to be part of the Co-pro Collective, celebrate everything that's been done so far and look forward to what comes next!



Hi, my name is Jacq Miller (@Jacq_A_Miller on twitter). I worked with the Co-Pro Collective as one of the first round of pilots, as an extra funded pilot from the NIHR Moorfields BRC. The funding was to initiate a co-produced project intending to improve vision-related health. Together with a parent of a child with a vision condition, we embarked on the journey of establishing an advisory group for my PhD Project Ci2i: Co-designing interventions 2 improve children and young people's experience, of taking part in eye and vision research. In the same way that the UCL Centre for Co-production has co-produced itself over the last 3 years, the advisory group have been co-designing my PhD project in preparation to launch. An excellent turn of events was that the group we initiated through this project, now called EyeYPAG, took on a bigger remit that we first imagined, also contributing to a variety of other eye and vision research projects, co-ordinated by Dr Louca-Mai Brady. Read blogs of our work here: <https://generationr.org.uk/eye-ypag/>. EyeYPAG and their parents, have co-designed a variety of aspects of my project and have also developed their identity as a group over the past year and a half. They have benefitted personally through being involved and the research project has equally benefitted from their input. Our Co-Pro story can be found on the Community Reporters website. I feel very lucky to have been part of The Co-Pro Collaborative's journey and am excited to continue developing together.
